

## Oadby and Wigston Health & Wellbeing – Health topic feedback sheet 4 July 2018 – Group 2

<b>HWBB priority area:      Ageing Well</b>
<b>1. What does Ageing Well mean to you/ your organisation?</b>
<ul style="list-style-type: none"> <li>• Preventative Measures</li> <li>• Having a good quality of life, both mental and physical</li> <li>• Individualised and personalised services</li> <li>• Making sure that people have their independence</li> <li>• It is often the little things that make the biggest difference</li> <li>• Respecting people's choices. Sometimes people simply do not want to engage with services</li> <li>• The effect upon carers</li> <li>• Police – Should the focus maybe be slightly younger, to work on habit forming?</li> </ul>
<b>2. What can you/ your organisation do to improve the outcomes and ensure people are ageing well?</b>
<ul style="list-style-type: none"> <li>• LCC Local Area Co-ordinator – offer local programmes in South Wigston. Handovers and walk-ins for people attending sessions for the first time.</li> <li>• Community Action Partnership – Adapted vehicles for those who cannot access regular public transport. General chats with people whilst engaging in something else.</li> <li>• Helping Hands – Social Prescribing as opposed to going to a GP. Helping to reduce unnecessary GP visits.</li> <li>• Signposting</li> <li>• Preventative Measures</li> <li>• Picking up the pieces that aren't built in to official structures</li> <li>• Improving access</li> </ul>
<b>3. Would you be interested (as a group of likeminded people/ organisations) in working together to help address this agenda?</b>
Yes
<b>4. If so, what would this joined up working look like? (networking, working on specific projects together, forming an alliance)?</b>
<ul style="list-style-type: none"> <li>• Police – Dealing with immediate issues. First Contact Plus often takes too long and does not help the problem in that moment.</li> <li>• LCC Local Area Co-ordinator – Organise events on people's doorstep. No excuse to not</li> </ul>

come.

- Target places of worship to engage BME groups.
- Place information on the Community Action Partnership Bus. Shorter than PHE directory.
- Police to support on confirming the validity of services and helping the ageing population to spot a scam.

5. How will this new way of working be communicated?

- Word of mouth appears the most effective way for programmes to gain traction.
- Filling gaps, not reinventing the wheel.
- Mapping services (google maps, east search)

6. What are the challenges?

- Funding (Cllr Boulter to help).
- Information directory.
- Proving to the ageing population that it is not a scam.
- Access to information.

7. What support do you need from the HWBB?

- Potential for money/funding.
- Signposting, directories, connections.
- Potential Networking Event.
- Contact list
- Help with publicising events and good news stories.